

third day: and that repentance and remission of sins should be preached in his name among all nations, beginning at Jerusalem. And ye are witnesses of these things. And, behold, I send the promise of my Father upon you: but tarry ye in the city of Jerusalem, until ye be endued with power from on high. And he led them out as far as to Bethany, and he lifted up his hands, and blessed them. And it came to pass, while he blessed them, he was parted from them, and carried up into heaven. And they worshipped him, and returned to Jerusalem with great joy: and were continually in the temple, praising and blessing God. Amen.

CREED

*De Angelis*

HOMILY

*The Vicar*

PRAYER OVER THE GIFTS

**A**CCCEPT, O LORD, WE PRAY THEE, the oblations which, in remembrance of the glorious Ascension of thy Son, we do offer unto thee: and mercifully grant that we, being delivered from all perils in this life present, may attain in the end unto life everlasting.

POST COMMUNION PRAYER

**G**RANT, WE BESEECH THEE, Almighty and merciful God: that we which have outwardly received these holy mysteries, may inwardly be made partakers of the benefit of the same.

For information about St Mary's visit: [www.stmarysbournest.com](http://www.stmarysbournest.com)  
and St Mary's on Facebook and Twitter [@SMBSLondon](https://twitter.com/SMBSLondon)

To subscribe to Ave, St Mary's weekly e-newsletter, see the website

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Thursday 21st May 2020

## THE ASCENSION OF THE LORD



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*Welcome to St Mary's*

INTROIT *Viri Galilaei*

*Acts 1. 48 & Psalm 47*

Ye men of Galilee, why stand ye gazing up into heaven? Alleluia: in like manner as ye have seen him going up into heaven, so shall he come again: alleluia. O clap your hands together, all ye people: O sing unto God with the voice of melody.

THE PENITENTIAL RITE

In the name of the Father, and of the Son, and of the Holy Ghost. **Amen.**

The Lord be with you. **And with thy spirit.**

Brethren, to prepare ourselves to celebrate the sacred mysteries, let us call to mind our sins:

Almighty God, our heavenly Father, we have sinned against thee, through our own fault, in thought and word and deed, and in what we have left undone. We are heartily sorry, and repent of all our sins. For thy Son our Lord Jesus Christ's sake, forgive us all that is past: and grant that we may serve thee in newness of life to the glory of thy name. **Amen.**

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

*Mass continues with the Kyrie eleison.*

COLLECT

**G**RANT, WE BESEECH THEE, ALMIGHTY GOD, that like as we do believe thy Only-begotten Son our Lord Jesus Christ to have ascended into the heavens; so we may also in heart and mind thither ascend, and with him continually dwell.

FIRST READING

*Acts 1 : 1-11*

**T**he former treatise have I made, O Theophilus, of all that Jesus began both to do and teach, until the day in which he was taken up, after that he through the Holy Ghost had given commandments unto the apostles whom he had chosen: to whom also he shewed himself alive after his passion by many infallible proofs, being seen of them forty days, and speaking of the things pertaining to the kingdom of God: and, being assembled together with them, commanded them that they should not depart from Jerusalem, but wait for the promise of the Father, which, saith he, ye have heard of me. For John truly baptized with water; but ye shall be baptized with the Holy Ghost not many days hence. When they therefore were come together, they asked of him, saying, Lord, wilt thou at this time restore again the kingdom to Israel? And he said unto them, It is not for you to know the times or the seasons, which the Father hath put in his own power. But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth. And when he had spoken these things, while they beheld, he was taken up; and a cloud received him out of their sight. And while they looked stedfastly toward

heaven as he went up, behold, two men stood by them in white apparel; which also said, Ye men of Galilee, why stand ye gazing up into heaven? This same Jesus, which is taken up from you into heaven, shall so come in like manner as ye have seen him go into heaven.

ALLELUIA I *Ascendit Deus*

*Psalm 47*

God is gone up with a merry noise: and the Lord with the sound of the trumpet.

EPISTLE

*Ephesians 1: 15-23*

**B**rethren: after I heard of your faith in the Lord Jesus, and love unto all the saints, I cease not to give thanks for you, making mention of you in my prayers; that the God of our Lord Jesus Christ, the Father of glory, may give unto you the spirit of wisdom and revelation in the knowledge of him: the eyes of your understanding being enlightened; that ye may know what is the hope of his calling, and what the riches of the glory of his inheritance in the saints, and what is the exceeding greatness of his power to us-ward who believe, according to the working of his mighty power, which he wrought in Christ, when he raised him from the dead, and set him at his own right hand in the heavenly places, far above all principality, and power, and might, and dominion, and every name that is named, not only in this world, but also in that which is to come: and hath put all things under his feet, and gave him to be the head over all things to the church, which is his body, the fulness of him that filleth all in all.

ALLELUIA II *Dominus in Sina*

*Psalm 68*

The Lord in the holy place of Sinai, ascending up on high, hath led captivity captive.

THE HOLY GOSPEL

*Luke 24: 44-53*

**A**t that time: Jesus said unto his disciples: These are the words which I spake unto you, while I was yet with you, that all things must be fulfilled, which were written in the law of Moses, and in the prophets, and in the psalms, concerning me. Then opened he their understanding, that they might understand the scriptures, and said unto them, Thus it is written, and thus it behoved Christ to suffer, and to rise from the dead the