

SUNDAY 10 MARCH FOURTH SUNDAY IN LENT <i>Laetare</i> ❖ <i>Refreshment Sunday</i> Preacher: The Vicar Mass in G - Schubert	StM	0845 Morning Prayer
	StM	0900 Low Mass
	StB	0930 SUNG MASS
	StM	1100 HIGH MASS
	StM	1800 Evensong & Benediction
	StM	1900 Low Mass
MONDAY 11 MARCH <i>Feria of Lent</i>	StM	0800 Morning Prayer
	StM	0815 Low Mass
	StM	1800 Evening Prayer
	StM	1830 Low Mass
TUESDAY 12 MARCH <i>Feria of Lent</i>	StM	0800 Morning Prayer
	StM	0815 Low Mass
	StM	1800 Evening Prayer
	StM	1830 Low Mass
	StM	1900 for 1930-2100 Lent Group, Presbytery
WEDNESDAY 13 MARCH <i>Feria of Lent</i>	StM	0800 Morning Prayer
	StM	0815 Low Mass
	StB	1245 Low Mass
	StM	1800 Evening Prayer
	StM	1830 Low Mass
THURSDAY 14 MARCH <i>Feria of Lent</i>	StM	0800 Morning Prayer
	StM	0815 Low Mass
	StM	1800 Evening Prayer
	StM	1830 Low Mass
FRIDAY 15 MARCH <i>Feria of Lent</i>	StM	0800 Morning Prayer
	StM	0815 Low Mass
	StM	1800 Evening Prayer
	StM	1830 Low Mass
SATURDAY 16 MARCH <i>Feria of Lent</i>	StM	1030 Morning Prayer
	StM	1100 Stations of the Cross
	StM	1130 Low Mass
	StM	1205 Confessions
	StM	1800 Holy Hour of Adoration
SUNDAY 17 MARCH FIFTH SUNDAY IN LENT <i>Passion Sunday</i> Preacher: Fr Alexander McGregor <i>Missa Inter vestibulum et altare</i> - Guerrero	StM	0845 Morning Prayer
	StM	0900 Low Mass
	StB	0930 SUNG MASS
	StM	1100 HIGH MASS
	StM	1800 Evensong & Benediction
	StM	1900 Low Mass

The Sacrament of Reconciliation (Confession): after 12 noon on Saturdays or by appointment

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FOURTH SUNDAY IN LENT

Laetare ❖ Refreshment Sunday ❖ 10 March 2013

Welcome to St Mary's, especially if you are visiting us for the first time.
Please join us next door in the Presbytery for drinks after High Mass.



- ❖ *The Order of High Mass with the Ordinary texts is provided in the High Mass booklet.*
- ❖ *The Ordinary: Mass in G, Franz Schubert, 1797-1828*
- ❖ *The Propers (prayers, readings and verses) of today's mass are set out overleaf.*
- ❖ *The Hymns are found in the New English Hymnal.*

- ❖ **Home Produce Sale** today after High Mass.
- ❖ **National Pilgrimage to the Shrine of Our Lady of Walsingham** on Monday 27 May; **midweek pilgrimage** on Monday 3 June - Thursday 6 June. See poster in the porch.
- ❖ **Lent Group** meets on Tuesday in the Presbytery, 7 for 7.30-9pm, using *Living Catholicism* by Fr Roderick Strange. Chapters 8 & 9 for this Tuesday. See pink sheet in the porch.
- ❖ **Lent Reading:** *Living Catholicism* by Roderick Strange; *Take the Plunge* by Timothy Radcliffe; The Archbishop of Canterbury's Lent Book is *Abiding* by Ben Quash; *The Sacrament of Easter*, Roger Greenacre.
- ❖ **Diocesan Lent Appeal:** Street Child World Cup 2014, an initiative of the Amos Trust (www.amos.trust.org). Lent Appeal Gift Aid envelopes are at the back of church.
- ❖ **Fellowship of Contemplative Prayer Retreat** at the Community of St Dennis Retreat House in Warminster, Monday 13 May - Friday 17 May. Please contact Fr Michael Brotherton for further details, either after Mass or on 020 7373 5147.
- ❖ **Electoral Roll:** Everyone needs to reapply this year. Please fill in and return your application form **by 30 March**.

THE INTERCESSIONS: *Of your charity please pray for:*

- ❖ *The Sick:* Gail Keeley, Audrey Needham, Norman Allaway | Denise Queen, Michael Cory-Smith, Cristina Cory-Smith, Elizabeth Hart, Phil Hughes, Tyler Hill, Penny James, Katie Ryde | Ivy Punton, Catherine Heriot Maitland, Richard McQuitter, Joseph McQuitter, Carl Mueller, Lianne Hinxman, Jack Hinxman, Peter Featherstone, Fred Bowitch | Liz Russell, Jeffrey Winslow, Simon Marchese, John Bennett, Angela Mathew, Nina Drummond, Charmian Clarke, Patricia Cox, Kathleen Marchese, Michael Mundy
- ❖ *Recently Departed:* Rhoda Collingwood, Arthur Davies, Alexander Gomez
- ❖ *Anniversaries of Death:* 10: Agnes Mary Elizabeth Sutton, Michael Farrer; 13: Keith Stewart; 14: Wally Bradish; 15: Essex Finch; 16: Neil Cowan

When we receive the eucharist, we are brought to a share in Christ's life and nourished by that life in a way that should inspire wonder in us. As Herbert McCabe once remarked, 'There is a difference in kind between a gift of food and any other gift. If I give you a cigarette or a new tie I am giving you something that will please you, but when I pass you the potatoes I am giving you life.' To be given food is to be given life. To be given this food which is the body and blood of Christ is to be given his life. That is what should stir wonder in us. Jesus was a man possessed by love who wanted everyone to be as possessed by love as he was. By dying on the cross and at his resurrection, he revealed that love to us, offered it to us, and made it possible for us to be as possessed by it as he was. It is this life and this overwhelming love that we share in sacramentally in the eucharist. He feeds us. But still we fail and fall short in love. As well as this food, we are offered a particular path to forgiveness and healing.

Fr Roderick Strange, Living Catholicism

HYMN 457 *The King of love my shepherd is*

INTROIT *Laetare*

Isaiah 60 & Psalm 22

Rejoice ye with Jerusalem, and be ye glad for her, all ye that delight in her: exult and sing for joy with her, all ye that in sadness mourn for her: that ye may suck and be satisfied with the breasts of her consolations. I was glad when they said unto me: 'We will go into the house of the LORD.'

COLLECT

Grant, we beseech thee, Almighty God: that we, who for our evil deeds do worthily deserve to be punished, by the comfort of thy grace may mercifully be relieved.

FIRST READING

Exodus 16. 2-7

And the whole congregation of the children of Israel murmured against Moses and Aaron in the wilderness: And the children of Israel said unto them: 'Would to God we had died by the hand of the LORD in the land of Egypt, when we sat by the flesh pots, and when we did eat bread to the full; for ye have brought us forth into this wilderness, to kill this whole assembly with hunger.' Then said the LORD unto Moses: 'Behold, I will rain bread from heaven for you; and the people shall go out and gather a certain rate every day, that I may prove them, whether they will walk in my law, or no. And it shall come to pass, that on the sixth day they shall prepare that which they bring in; and it shall be twice as much as they gather daily.' And Moses and Aaron said unto all the children of Israel: 'At even, then ye shall know that the LORD hath brought you out from the land of Egypt: and in the morning, then ye shall see the glory of the LORD.'

GRADUAL *Laetatus sum*

Psalm 122

I was glad when they said unto me: 'We will go into the house of the LORD.' Peace be within thy walls, and plenteousness within thy palaces.

SECOND READING

Galatians 4. 21-31

Brethren: Tell me, ye that desire to be under the law, do ye not hear the law? For it is written, that Abraham had two sons, the one by a bondmaid, the other by a freewoman. But he who was of the bondwoman was born after the flesh; but he of the freewoman was by promise. Which things are an allegory: for these are the two covenants; the one from the mount Sinai, which gendereth to bondage, which is Agar. For this Agar is mount Sinai in Arabia, and answereth to Jerusalem which now is, and is in bondage with her children. But Jerusalem which is above is free, which is the mother of us all. For it is written: 'Rejoice, thou barren that bearest not; break forth and cry, thou that travailest not: for the desolate hath many more children than she which hath an husband.' Now we, brethren, as Isaac was, are the children of promise. But as then he that was born after the flesh persecuted him that was born after the Spirit, even so it is now. Nevertheless what saith the scripture? Cast out the bondwoman and her son: for the son of the bondwoman shall not be heir with the son of the freewoman. So then, brethren, we are not children of the bondwoman, but of the free: by the liberty wherewith Christ has made us free.

TRACT *Qui confidunt*

Psalm 125

They that trust in the LORD are as mount Syon, which may never be removed, but standeth fast for ever. As the mountains are round about Jerusalem: even so the LORD is round about his people, from henceforth, even for evermore.

GOSPEL

St John 6. 1-14

At that time: Jesus went over the sea of Galilee, which is the sea of Tiberias. And a great multitude followed him, because they saw his miracles which he did on them that were diseased. And Jesus went up into a mountain, and there he sat with his disciples. And the passover, a feast of the Jews, was nigh. When Jesus then lifted up his eyes, and saw a great company come unto him, he saith unto Philip: 'Whence shall we buy bread, that these may eat?' And this he said to prove him: for he himself knew what he would do. Philip answered him: 'Two hundred pennyworth of bread is not sufficient for them, that every one of them may take a little.' One of his disciples, Andrew, Simon Peter's brother, saith unto him: 'There is a lad here, which hath five barley loaves, and two small fishes: but what are they among so many?' And Jesus said: 'Make the men sit down.' Now there was much grass in the place. So the men sat down, in number about five thousand. And Jesus took the loaves; and when he had given thanks, he distributed to the disciples, and the disciples to them that were set down; and likewise of the fishes as much as they would. When they were filled, he said unto his disciples: 'Gather up the fragments that remain, that nothing be lost.' Therefore they gathered them together, and filled twelve baskets with the fragments of the five barley loaves, which remained over and above unto them that had eaten. Then those men, when they had seen the miracle that Jesus did, said: 'This is of a truth that prophet that should come into the world.'

SERMON

The Vicar

CREED

Cardinalis

OFFERTORY MOTET

João Lourenço Rebelo, 1610-1655

Panis angelicus fit panis hominum; dat panis coelicus figuris terminum: O res mirabilis! Manducat Dominum pauper, servus et humilis. *The bread of the angels becomes the bread of man; the bread of heaven is given a bounded form. O wondrous thing! The poor, the slave and the humble man feed on their Lord.*

HYMN 337 *As pants the hart for cooling streams*

PRAYER OVER THE GIFTS

We beseech thee, O Lord, mercifully to have respect unto these our oblations: that the same may be profitable unto us for our increase in all godliness, and for the attainment of everlasting salvation.

COMMUNION *Jerusalem, quae aedificatur*

Psalm 122

Jerusalem is built as a city that is at unity in itself: for thither the tribes go up, even the tribes of the LORD, to give thanks unto the Name of the LORD.

COMMUNION MOTET

Robert Parsons, 1535-1572

Ave Maria, gratia plena, Dominus tecum; benedicta tu in mulieribus, et benedictus fructus ventris tui. Amen. *Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb. Amen.*

POSTCOMMUNION

O most merciful God, who never failest to fulfil us with thy holy mysteries: grant, we beseech thee, that we may ever approach them in all lowliness and sincerity, and receive them inwardly with all faithfulness.